



Therapy Sessions at the Workmans Club at First Fortnight Festival

I am going to Therapy Sessions at the Workmans Club

No. 10. Wellington Quay in Dublin City on the 12th of January at 7.30pm as part of the First Fortnight Festival

When I arrive, the outside of the building will look like this:



There will be a friendly bouncer at the main door who will direct me inside for the event.

There will be other people arriving for the event at the same time and members of the First Fortnight team present if I need help.

When I go inside the building, there will be a welcome mat on the floor that says The Workmans Club on it, red and cream tiling on the floor and a staircase in front of me.

It will look like this:



To get to the event, I will walk past the staircase and turn into the room on the left. There will be friendly members of the First Fortnight team to take my ticket.

They will give me a stamp on my wrist to show I have paid for my ticket. If this is overwhelming, I can ask for another proof of entry.

I can ask for ear plugs at this point if I need them for the show.

After I have shown my ticket, I will enter a room with a bar in front of me. I can get a drink here if I like.

The room will be painted red, with red and cream tiling on the floor and low lighting. There will be other people there talking and getting drinks.

The room looks like this when empty:



When I am ready to go into the event room, I will be directed by friendly volunteers to a room to the right of the bar.

There will be a main stage at the front of the room and other people will be gathering there for the event.

The room will have low lighting and there will be music playing and people talking with each other.

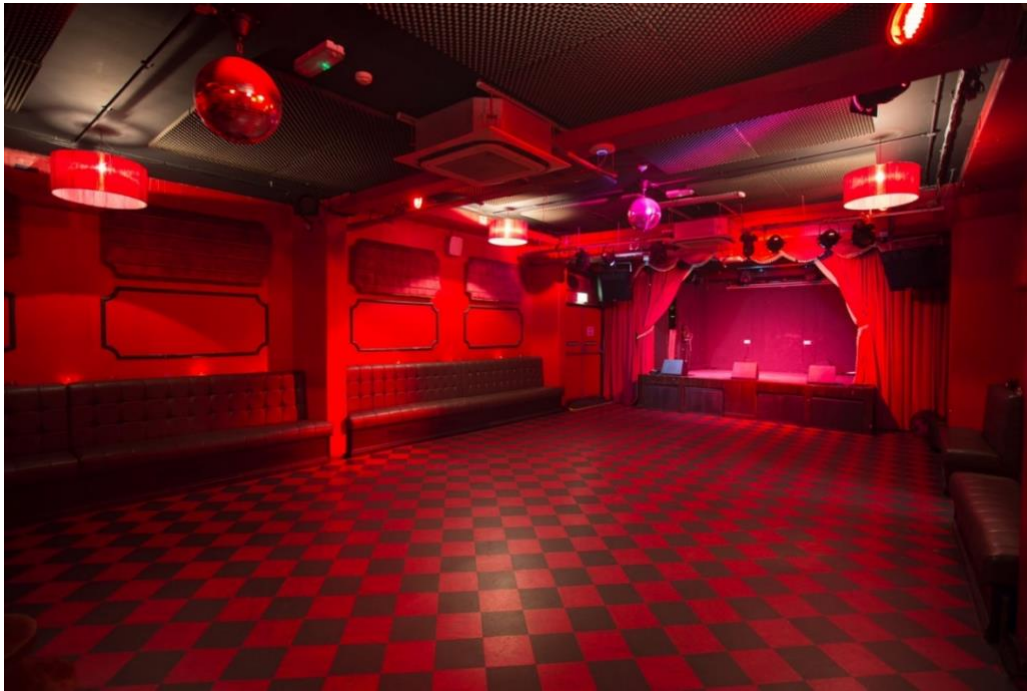
There will be seats around the edge of the room where I can sit or leave my bag. Most of the space in the room will be standing, but I can request a chair if I need it.

If I am overwhelmed, I can leave the event space at any time and have a rest in the venue bar room or go outside.

I will be allowed back into the event when I'm ready

If I need support at all, I can ask for help from a member of the First Fortnight team

The event room looks like this when it is empty:



If I need to use the toilet, I will go back out to where the stairs are, turn left and then turn right down a flight of stairs. The stairway down to the toilet looks like this



The toilets will have black doors and look like this:



These toilets in The Workman's Club are unfortunately not accessible.

However if I need an accessible toilet a friendly member of staff or a friendly member of the First Fortnight team will direct me to a throughway door to Clarence hotel to use the accessible toilet there.



If I have any further questions about the Therapy Sessions event or access requests, I can contact First Fortnight at **admin@firstfortnight.ie**