



FIRST FORTNIGHT
THE ART OF MENTAL HEALTH

Cístin at St Patricks University Hospital First Fortnight Festival

For Outpatient Service Users and Members of the Public

I am going to Cístin in St Patricks University Hospital on the evening of the 11th of January as part of the First Fortnight Festival 2024.

I will arrive on foot or by car. If I arrive on foot, I can walk through the main entrance on the pathway. The main entrance looks like this in the daylight:



If I am arriving by car, I will drive through the barrier at the main entrance and collect a ticket for my parking. Parking for the public will be €2.50 per hour for up to 5 hours.

If I am an outpatient, parking will be free.

When I arrive, I will see the front of the St Patrick's University Hospital Building. The hospital is wheelchair accessible. It looks like this in the daylight:



There will be friendly members of the First Fortnight team and volunteers at the door to direct me inside for the event.

I will show them my booking when I arrive.

There will be other people arriving for the event at the same time as me.

When I go inside the building, I will see the main reception desk in front of me.
It looks like this:



There will be friendly staff members at the reception desk who will be able to assist me if I need.

To get to the event space, I will turn left in front of the reception desk and walk down the corridor.

I will see a waiting area with seats to my left and continue walking.

I will then see an oak-coloured doorway ahead of me.

The door will have a clock above it and a black sign saying "Lecture Hall" to right of the it. It will look like this:



I will walk through the doorway and then I will see the lecture hall on my left.

The lecture hall entrance will look like this:



There will be friendly members of the First Fortnight team outside the door, and I will tell them my name. They will tick my name of a list of registered guests.

I can ask the team for earplugs here if I need them.

I will then go inside the lecture theatre. There will be people inside already. Some people will be audience members, and some will be setting up on the stage for performance.

There will be some noise from people talking and setting up.

The lighting in the Lecture Hall will be low.

This is what the seats in the lecture hall look like when empty:



This is what the front of the lecture hall looks like when empty:

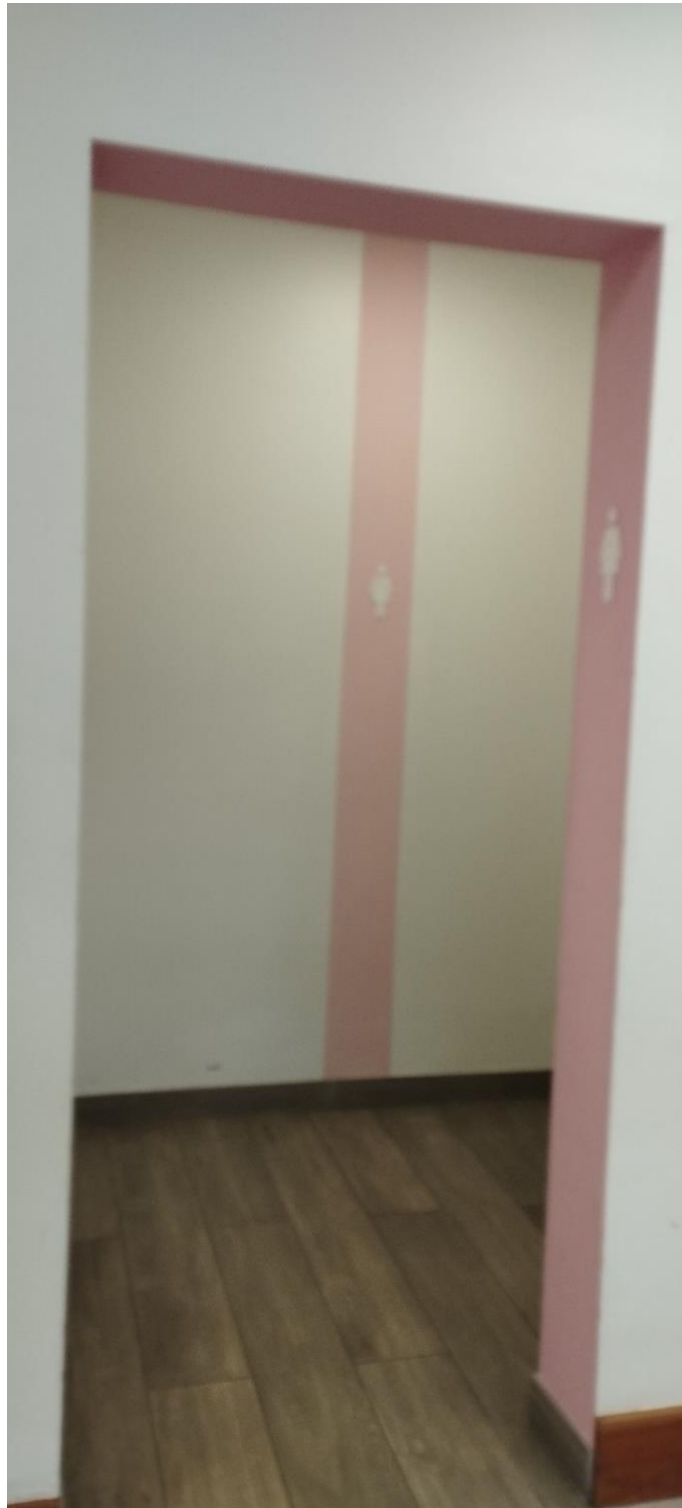


If I am overwhelmed, I can leave the event space at any time and have a rest. I will be allowed back into the event when I'm ready.

If I need support at all, I can ask for help from a member of the hospital staff or from the First Fortnight team.

If I need to use the bathrooms, I will come out of the lecture hall, and walk back towards the canteen. The toilets will be opposite the canteen.

The women's toilets have a dusty pink framing. They look like this:



The men's bathrooms are framed by a light blue border. They look like this:



If I need an accessible toilet, I will find one opposite the reception desk at the hospital entrance, I can get a key for the accessible toilet from reception.

The accessible toilet has an oak door and a wheelchair icon on the front of it. It will look like this:



If I have any further questions about the Cístin event or access requests, I can contact First Fortnight at admin@firstfortnight.ie